

# MURRIETA MESA RAM TENNIS

## PLAYER/PARENT COMMITMENT

**Player**

**Name:** \_\_\_\_\_

(last)

(first)

### Player Expectations

- You are a student first and the athlete second. Take pride in your academic success. All members of the Murrieta Mesa Tennis Program must represent the program with PRIDE both on and off the court.
- In addition to the CIF minimum eligibility requirement of a 2.0 GPA, MMHS tennis players must adhere to the following grade requirements:
- Students who have an F grade or two or more D grades will not be permitted to dress or compete in that week's competition. If a student has only one D grade, they will be placed on probation for that week. Although they will be eligible to play in that week's competition, they must attend a tutoring session with coaches at a designated time, as well as a PRIDE period with the teacher of the D grade. The following week, if the grade does not improve, the student will be ineligible to participate in competition until the grade improves to a C or better.
- Student athletes must have passed at least 20 units of work and earned a minimum 2.0 grade point average on a 4.0 scale during the previous grading period. In addition, student athletes understand that they are to participate in biweekly grade checks.
- If an athlete is academically ineligible at the beginning of the Fall semester, they will not be eligible to participate in tennis at all for that season, regardless of whether they participated in Spring or Summer tennis camps.
- Drugs, alcohol and all forms of tobacco use are prohibited. Any student found using drugs, alcohol and/or tobacco will be suspended from the team for a period of time as determined by the coaching staff and school administration.
- Any school discipline actions will be dealt with as the coaching staff deems necessary - this includes detentions, suspensions, Saturday school as well as negative emails or phone calls from teachers or members of the community.
- Wherever you are, whenever you're there, YOU ARE ALWAYS REPRESENTING MESA TENNIS! Choose your friends wisely. Guilt by association is a common occurrence. Avoid parties/activities where alcohol and or drugs are present.
- Keep your priorities in order - family, school, tennis.
- Be good teammates. Complement each other for a job well done as appropriate. Any player who disrupts the chemistry of the team and or program is subject to suspension and or dismissal from the tennis program.

- Be involved with fundraising activities (individual and team)
- Take pride in everything you do. Practice and play hard.
- Find a way to help the team, each and every day, on and off the court.

## **Parent Expectations**

### RESPECT

- All players, coaches and other families.
- At practice and games, no communicating with players and coaches.
- All Murrieta Mesa equipment and uniforms.
- Volunteer within the Tennis Program.
- Be involved with fundraising activities.
- Acknowledgment and understanding that all monies paid to tennis program is non-refundable
- Trust in the coaching staff and school/program policies.
- Open communication.
- Please let coaches know about injuries, sicknesses, family obligations
- We will not discuss playing time or other players.
- Cheer for our team.

### **Respect the chain of command**

1. Head Coach of your team
2. Head Coach of the program
3. Athletic Director
4. Assistant Principal in charge of athletics
5. Principal

## **Practice Expectations**

- Be on time. One second late on coach's watch will result in team or individual running consequence or individual dismissal consequence from practice.
- Practice gear required:
- Mesa Rams Shirt
- Mesa Rams Shorts
- Rams Practice
- Rams Practice
- Tennis Uniform
- Tennis Shoes
- Practice must be "game like". Perfect Practice = Perfect Play!!
- No profanity. Use positive comments only.
- Absences or tardiness must be cleared with your coach by the end of lunch on school days. Coaches can be reached by phone, email, or in person. Failure to contact your coach will result in suspension from the next game. Everyone needs to be at practice everyday.

### **PLAYER:**

By signing below, I \_\_\_\_\_ have read the above and hereby acknowledge, understand and agree to the Murrieta Mesa tennis Program Commitment.

Player Signature

Date

### **PARENT:**

By signing below, I \_\_\_\_\_ have read the above and hereby acknowledge, understand and agree to Murrieta Mesa tennis Program Commitment.

Parent Signature

Date